BEN'S PUPPY IS CUTER THAN YOURS

THAT'S PROBABLY GOING TO CHEER UP HIS KIDS. PAGE 14

metro
NEW YORK CITY No. 1 FREE DAILY IN THE U
Wednesday, July 22, 2015 www.metro.us | t: MetroNewYork | f: MetroNew

Cripfest: Celebration of artists with disabilities

Going mainstream. New Yorker and "American Horror Story: Freak Show" actor Mat Fraser is curating Cripfest at BAM Fisher in celebration of the 25th anniversary of the Americans with Disabilities Act. PAGE 02

Mat Fraser, pictured above, defines "crip" as a "politicized disabled person." / BESS ADLER, METRO

Woman jumps to death from rooftop bar

PAGE 03

Greg joins Amy in the Poehler comedy biz

PAGE 15

How to keep your kids entertained anywhere

PAGE 16

Mets desperately need to make trade

PAGE 24

1 NEWS

Top 3

The best of Metro.us

1 'Work begins in Village on Bea Arthur Residence for LGBT homeless youth'

2 'Is web developer the best career choice ever?'

3 'How to eat healthy for $4 a day'

On the go

Want to read Metro on your mobile device? Get the app! All you have to do is search for Metro US in the App Store or Google Play to get all the latest in news, sports, lifestyle and entertainment for free.

Mat Fraser is curating Cripfest at BAM Fisher in celebration of the 25th anniversary of the Americans with Disabilities Act. Fraser as "Sealo" smokes a cigar. / KEVIN GODFREY; BESS ADLER

Reclaiming the 'c-word'

Entertainment. Disabled New Yorkers will host an edgy celebration of disability arts and culture this weekend in Brooklyn.

Quoted

"Twenty-five years ago, I thought a disabled actor would have gotten an Oscar [by now] for playing a regular person in a regular thing. We are no nearer to that than we were then. So in 25 years time, I hope it's not unusual for American audiences to see a disabled newscaster tell them about the new drama series that's coming up, that has a wheelchair-using mom in it, where it's all about the conflicts and all about what a little s— her 15-year-old is, not about her wheelchair."

Mat Fraser

When the curtain comes down on Cripfest at BAM Fisher on Saturday night, Mat Fraser hopes a long-departed American president will be in the house.

"I hope the ghost of FDR is smiling down on us — the disabled guy, who was closeted all his life through the need of the American people who needed their president not to be disabled," Fraser said. "Sorry, doesn't a president using a wheelchair mean strength?"

Fraser, 53, is an actor, musician and resident of the Lower East Side, and he is perhaps best known for playing Paul the Illustrated Seal on "American Horror Story: Freak Show."

He has organized Cripfest, a celebration of the most talented artists with disabilities, for an evening of entertainment at BAM Fisher, sponsored by the British Council.

Performers include Bill "The Crutchmaster" Shannon, a dancer, and a staged reading of "Downsizing Camus" by Chicago playwright Todd Bauer, who is blind.

Fraser defines "crip" as a "politicized disabled person."

"Just as African-American people have reclaimed the n-word, we've reclaimed the c-word: crip. And so some of the stuff we can joke about among ourselves can be a bit offensive," Fraser said.

The show will likely prove to be the edgy counterpart to the month of ADA anniversary celebrations, which included the city's inaugural Disability Pride Parade on July 12.

"[That] was about community support and family," said Fraser of the parade.

"This is my assertion to the mainstream arts world that many disabled artists and artists with a disability are so fantastic that you guys have just got to see this s—. And I'm going to put together the mofo of a lineup that will blow you out of the water."

Fraser said he knows many people within the disability rights community are coming, and he wants to extend the invitation to the "able-bodied" who will come, because "ultimately, we shouldn't need this festival."

Lawrence Carter-Long, a disability activist and performer, said that disability rights is a political and cultural revolution.

With 80 percent of people with disabilities becoming disabled later in life, Carter-Long says most of us "are going to have a personal relationship with disability at some point."

"When it comes to the arts, people are tired of cookie-cutter depictions, and we should introduce them to stories they've never heard," Carter-Long said. "This is one of the last great frontiers in terms of entertainment."

If you go

Cripfest

The event this Saturday is one day before the 25th anniversary of the Americans with Disabilities Act and starts with a panel discussion at 2 p.m. on Saturday. As the afternoon continues, the performances start, and cocktails will flow. The evening finishes with a cabaret variety show with a sideshow flair — a throwback to the start of Fraser's early career when he performed as "Seal Boy" on Coney Island — and the audience can expect burlesque, bed-of-nails acts and straight-jacket escapes.

Tickets are free, but attendees must RSVP online by visiting cripfest.splashthat.com.

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Woman leaps 20 floors to death from rooftop bar

Suicide. Patrons at the Flatiron bar reportedly kept drinking after the incident.

Thirty-year-old Faigy Mayer leapt to her death from the 230 Fifth Rooftop Bar on Monday. / FACEBOOK

Before her life came to an end Monday night, Faigy Mayer was the founder, CEO and iOS developer of Appton, a mobile and web solutions startup.

From her social media accounts, Mayer seemed to be leading a perfect life. On her Facebook, the cover photo shows the woman standing in front of a wall that reads, "Life is beautiful." Mayer's Twitter bio reads: "Former #hasid who codes in #iOS. Love #coding, #beacons, #bacon, the #appleWatch and life!"

On Mayer's Instagram, there are a number of photos of food, friends and a photo of a fortune that reads, "Be prepared to accept the wondrous opportunity in the days ahead."

But at 7:30 p.m. Monday, 30-year-old Mayer jumped 20 stories to her death from the 230 Fifth Rooftop Bar in the Flatiron District. She went over the ledge and landed on the sidewalk of West 27th Street.

After the suicide, "some bar patrons still enjoyed table service at the establishment, where bottles can fetch as much as $300 each," the New York Post reported.

A passerby, Dale Martin, who witnessed the incident, told the Post, "I was walking across the street, and I saw she was falling."

Another witness, Becky Whittemore, said Mayer ran through a big corporate party before jumping off the roof.

"They closed off the section where she jumped from," Whittemore told the Post. "I think a lot of the people up there had zero clue what was going on."

Mayer was featured in the 2012 National Geographic documentary "Inside Hasidism," which explores the pressures of the private religious community.

In the documentary, Mayer discusses her personal experience growing up in the Belz Hasidic communities of Williamsburg and Boro Park, Brooklyn, and talks about her decision to leave the Hasidic community in order to pursue a secular career in Midtown.

Although at first glance Mayer's social media presence doesn't appear concerning, there are posts that hint toward stresses stemming from her background.

A Facebook post from February 2012 shows a photo of Mayer and who she identifies as her grandmother with the caption, "Me and my grandma, Helen Frumi Tapick. She hates my guts and is mean to me [frown emoticon]. She hates that I left the cult that she joined."

Tweeted

"I've lost a fellow iOS developer today, Faigy Mayer. We were supposed to meet today but she died. I promised to finish her app. I'll be working."

Mayer's colleague @exstalis

Hotline

Anyone struggling with suicidal thoughts should reach out to the National Suicide Prevention Lifeline by calling 800-273-8255.

MEGAN FU
@MetroNewYork
letters@metro.us

City critters

Alligator, snakes, ammo found in Bed-Stuy home

The NYPD Emergency Service Unit's A-team discovered some pretty unexpected creatures Tuesday morning in a Bedford-Stuyvesant apartment — a Caiman alligator, nine boa constrictors and live ammunition.

After being informed that the tenant in an apartment at the 1800 block of Atlantic Avenue was illegally housing the exotic reptiles, the NYPD obtained a search warrant and uncovered them, authorities said.

NYPD Special Ops later tweeted a photo of the alligator, about 3 feet long. All the animals were taken to the Bronx Zoo. Owner Johnnie Morgan, 44, faces reckless endangerment charges.

MEGAN FU

Are Your Legs Suffering From...
Varicose Veins
Leg Ulcers
Spider Veins
Pain
Restlessness
Heaviness
Swelling
Itching
Fatigue
Cramping
Burning
Most insurances accepted including Medicare
ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
Personal & discrete care delivered directly by Ronald Lev, MD
Certified by the American Board of Venous and Lymphatic Medicine
15 minute minimally invasive procedures
Consistently ranked #1 Vein Doctor in NYC by our patients
The treatments literally changed my life. The pain and swelling I had in my legs for years is completely gone. Doctor Lev and his entire staff are very knowledgeable, professional and kind. If you're considering having treatments for your vein condition, do not delay, and look no further, you've found the right people to help you improve your life! I am incredibly happy that I put my faith in them, and you will be, too. – Y. V.
Your team is totally awesome and fantastic at what they do. I never feel nervous or uncomfortable. They actually make me feel like part of your medical family. You're a phenomenal doctor and have an equally incredible staff. God bless you all. And thank you for all the help in making my legs look and feel so much better. – V. D.
Evening appointments available
Hablamos Español
212.204.6501
TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM
111 John St, Ste 1450 (bet Cliff & Pearl Sts)
New York, NY 10038

#Fail

Robbers fail to drill into bank

The NYPD continues searching for three men who failed at a bank robbery last Saturday.

The suspects began drilling into a Citibank on 333 Park Avenue South at 2:30 a.m.

The suspects began their scheme after entering the basement of a neighboring building, police said.

Unluckily for them, the bank they targeted had no safety deposits, only an ATM cash machine. Even unluckier: They could not drill through the wall.

Detectives have been investigating the basement but haven't concluded what exactly went wrong. Now, the police have released photos of the perpetrators with the hope of locating them.

Last October, robbers tried cutting into a Chase bank in Midtown through the wall of a neighboring business. But before executing their mission, an alarm was triggered after the robbers tried disabling the security system, the New York Post reported. On the other hand, a successful NYC bank robber, James Walton, handed the teller a note during each robbery before leaving the bank with cash.

Walton has been arrested but only after 10 successful robberies, reported Eyewitness News.

Anyone with more information can contact Crime Stoppers at 800-577-TIPS.

HADLEY BOLTRES

NOW is the time
to take care of YOUR BODY!
Varicose Veins
Leg Ulcers
Spider Veins
Pain/Burning
Restlessness
Heaviness
Swelling
Itching
Fatigue
Cramping
Frustrated with previous treatments, services and poor results?
Trust the doctor that cares about you!
Tired of long diets, juice cleanses & lotions?
Smart Lipo Laser Body Countouring
GET RID OF...
Body Fat
Sagging Arms
Double Chin
Cellulite & more
Personal & discrete care delivered directly Ronald Lev, MD
Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
No downtime
15 minute minimally invasive procedures
Consistently ranked #1 Vein Doctor in NYC by our patients
ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM
212.204.6501
111 John St, Ste 1450 (Just Cliff & Pearl St), New York, NY 10038
EVENING APPOINTMENTS AVAILABLE!
¡Hablamos Español!
Most Vein Treatments Covered by Major Health Insurances including Medicare

Uber "partner" Moises Abrego, 61, (center) in Queensbridge Park in Long Island City / MILES DIXON, METRO

Uber launches 'citywide jobs tour' to fight growth limits

Local jobs. An event in Queensbridge Park promoted Uber as a source of jobs for New York.

Uber has stepped up its pressure on city politicians to vote down legislation that would limit the transportation company's growth.

The company on Tuesday hosted the first event in a "citywide jobs tour" to promote Uber's role as a job provider for those seeking flexible hours without the requirements of buying a taxi medallion.

The event was held in Queensbridge Park next to the nation's largest public housing development.

"This is our chance to stand on the side of economic justice," said State Assemblyman Michael Blake, who emphasized the importance of Uber as a job and service provider for the outer boroughs. "I'm tired of jobs being lost. I'm tired of opportunities being lost."

The legislation being considered would limit the number of new drivers hired in the next year, pending environmental studies on congestion. A vote in the City Council may come on Thursday, and if passed, it would limit the company to 200 new drivers. Uber has claimed that Mayor Bill de Blasio's support for the legislation is merely a kickback for donations from taxi groups.

"I don't think it's about progressive politics. I think it's about contributions to his campaign," said Josh Mohrer, Uber's general manager in New York.

At a rally held at City Hall Monday, the founder of the New York Taxi Workers Alliance, Bhairavi Desai, fought these claims.

"We are here to say that this fight — it is not a turf war; it is not about contributions," Desai told Capital New York. "It is about the ability of tens of thousands of New York City drivers to sustain themselves with a living under the impossible levels of congestion and competition."

Uber's critics often complain not only about increased congestion and competition for taxi drivers but that Uber gets away with ranking its drivers as "partners," independent contractors not qualified for benefits.

JULIA SHU
@MetroNewYork
julia.shu@metro.us

Money. New York lawyer has student loan debt paid off

Joseph Tillman said he can now focus on the future and buying his mother a house. / PROVIDED

Joseph Tillman decided law school was the best bet to help his family get on the right track.

But even with a gig at a top Manhattan law firm, Gibson, Dunn & Crutcher, Tillman was $160,000 in debt and facing more than 15 years of repayment after graduating from the NYU School of Law.

But he doesn't have to worry anymore.

Tillman recently won student loan refinance company SoFi's #2Billion-Together contest to pay off one lucky person's student loans.

"I feel like a weight has been lifted, but I don't think I'm really going to feel it until my student loan payment is due, and I don't have to pay it — that's when it will really sink in," Tillman told us.

Tillman's entry was one of 2,400 entries the contest received. After whittling down the list to 20, the company opened up public voting.

Tillman says his father was murdered when he was just 5 years old. He spent time without a home and suffered another major setback when his girlfriend was killed in a car accident.

After attending community colleges in California, Tillman decided that becoming a lawyer would best help his family.

More than 53,000 people voted in the contest. Tillman said he was surprised by all the shares on social media — including a Facebook post by Oakland Raiders wide receiver James Jones — and support from his Brooklyn church, friends and strangers.

"There is so much negativity … and I think that's what is an incredibly encouraging and positive aspect of this story," Tillman said. "It was just really something that blew me away in times like these."

When asked if he could go back in time and do it all over again, even if he had to carry the nearly $200,000 in debt, Tillman said he would.

"My perspective is just different than a lot of other people in my position," Tillman said. "Student loans gave me a means to even get here. There are tons of arguments for and against interest rates, and the amount of debt in this country is ballooning. … Ultimately, this contest is a huge blessing, and I'm able to help my family much sooner."

WENDY JOAN BIDDLECOMBE

Quoted

"My mother had always supported our family on a custodian's salary. As a result, I decided to become an attorney so that I could help support her financially. ... I spent the entirety of my first year working, paying off only accrued interest on my loans. Paying $2,000+ per month into a seemingly endless void had started to cause depression." Tillman in his contest pitch

Late to Vatican

Fog diverts de Blasio's plane to Milan

New York City Mayor Bill de Blasio has been late to parades, church services, community meetings and even memorials for plane crash victims.

So why not the pope? Yep — he did it again.

Pope Francis had invited de Blasio and more than five dozen other politicians — including Boston Mayor Marty Walsh — to a first-ever, two-day Vatican climate change conference.

Mayor Bill de Blasio
GETTY IMAGES

De Blasio was set to arrive two hours before he was to speak. Talk about cutting it close: Anyone who flies international in this day and age knows that scheduled arrival times are a joke. Sure enough, a fog diverted de Blasio's overnight plane from JFK to the Italian city of Milan, about 360 miles north of Rome and Vatican City.

It wasn't until about 80 minutes after he was to address the conference that de Blasio showed up.

"When he finally did speak there, he was unfazed," wrote The Times' Michael Grynbaum.

JOHN A. OSWALD

Revitta
General, Cosmetic and Restorative Dentistry
have healthy TEETH and a beautiful SMILE
dental professionals with a personal touch
New Patient Offer
Exam, cleaning, x-rays
$99.00
Irina Feldbein, DDS | Francisca Sanchez, DDS
785 Park Avenue, Manhattan, NY 10021
133 West End Avenue, Brooklyn, NY 11235
www.RevittaSmile.com
call for an appointment NOW 1.844.829.4001

Five things you need to know

1 Citibank ordered to pay $770 million over credit card practices

Citigroup Inc.'s consumer bank has been ordered to pay $700 million in relief to borrowers for illegal credit card practices, the U.S. Consumer Financial Protection Bureau said.

The bank will also pay civil penalties of $35 million each to the consumer finance watchdog and the Office of the Comptroller of the Currency.

The $770 million total payout is about 1 percent of Citi's estimated revenue for 2015, according to Thomson Reuters StarMine.

"Citi is fully reserved to pay costs associated with the agreements," the bank said in a statement on Tuesday.

The CFPB said that about 7 million customer accounts were affected by Citibank's "deceptive marketing" practices, which included misrepresenting costs and fees and charging customers for services they did not receive.

The CFPB, set up under the 2010 Dodd-Frank Act aimed at reforming Wall Street practices, said a Citibank unit also "deceptively" charged nearly 1.8 million consumer accounts often unnecessary same-day payment fees while collecting payments.

Citibank misrepresented the charge of $14.95 per account as a "processing" fee and did not explain that the fee was merely to make a faster payment, the CFPB said. REUTERS

2 Texas jail death to be probed closely

The death of an Illinois woman found hanged in her Texas jail cell in what local authorities said was a suicide will be investigated as thoroughly as a murder, the local district attorney said on Monday.

Sandra Bland, 28, was found dead on July 13, three days after she was arrested for assaulting an officer during a traffic stop in Waller County, about 50 miles west of Houston, authorities have said.

The Waller County Sheriff's Office said Bland took her own life and the death was ruled a suicide by the Harris County Medical Examiner's Office. But her family and friends have publicly questioned the official account. REUTERS

3 Toshiba CEO quits over accounting scandal

Toshiba Corp.'s chief executive Hisao Tanaka and a string of several other senior officials resigned on Tuesday for their roles in the accounting scandal.

Tanaka will be temporarily replaced by Chairman Masashi Muromachi after an independent inquiry found the CEO had been aware that the company had inflated its profits by $1.2 billion over a period of several years.

"I see this as the most damaging event for our brand in the company's 140-year history," Tanaka told a news conference. REUTERS

4 Two more Democratic senators join Puerto Rico bankruptcy push

Another two Democratic senators have agreed to co-sponsor a bill that would allow Puerto Rico's municipalities to use federal bankruptcy laws, the U.S. territory's representative in Congress Pedro Pierluisi said in a statement.

Senate judiciary committee chairman Patrick Leahy and Mark Warner, who sits on the Senate's banking committee as well as the finance committee, will join 12 other Democratic senators currently sponsoring the bill. REUTERS

5 Obama says Veterans Affairs agency still needs improving

A little more than a year after the U.S. Department of Veterans Affairs' secretary stepped down over reports the agency was offering inadequate health care, President Barack Obama told veterans on Tuesday his administration had more work to do for them.

"I want you to know I'm still not satisfied. Bob's still not satisfied. We're not going to let up," Obama said, referring to the agency's current secretary Robert McDonald at the 116th annual conference of the Veterans of Foreign Wars in Pittsburgh. REUTERS

LT Bier Garten
PRESENTED BY BRASSERIE RUHLMANN
TRADITIONAL GERMAN CUISINE IN
THE HEART OF ROCKEFELLER CENTER®

Hours of Operation:
Monday–Saturday: 11:30am–9pm
Sunday: 11:30am–3:30pm
Happy Hour: Monday–Friday: 4pm–6pm

Brasserie Ruhlmann
45 Rockefeller Plaza
212.974.2020
brasserieruhlmann.com

Rockefeller Center, North Plaza
@rockcenternyc | #rockeats

Painful Varicose Veins & Swollen Legs?

Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.

DO YOU SUFFER FROM

- ☑ Varicose Veins
- ☑ Spider Veins
- ☑ Itching and Burning
- ☑ Leg Pain and Cramps
- ☑ Heaviness and Swelling
- ☑ Skin Discoloration
- ☑ Ulcers and Blood Clots
- ☑ Difficulty Walking Long Distances

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.

Have you had prior vein treatment and are not satisfied with the results? USA Vein Clinics can help!

When it comes to your health, trust your legs only to the top vascular specialists at USA Vein Clinics.

Medicare and most insurances accepted! *Call us today to schedule your appointment*

(917) 715-5135

www.USAVeinClinics.com

NOW ACCEPTING **HEALTHFIRST!**

USA Vein Clinics

New York

1153 First Ave • Manhattan, NY 10065

2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229

2444 86th St, Ste A • Bensonhurst, NY 11214

116-02 Queens Blvd • Forest Hills, NY 11375

NEW 1975 Hylan Blvd • Staten Island, NY 10306

NEW 260 W Sunrise Hwy, Ste 102 Valley Stream, NY 11581

COMING SOON 4159 Broadway • Washington Heights, NY 10040

New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724

Rod Blagojevich

Appeals court vacates some convictions of former Illinois governor

A federal appeals court said on Tuesday it had vacated five out of 18 criminal convictions against former Illinois Gov. Rod Blagojevich, who is serving a 14-year sentence for attempted extortion from campaign contributors, wire fraud and other crimes.

The U.S. Court of Appeals ordered a retrial on the other five counts and said Blagojevich was not entitled to be released from federal prison during the new trial because his sentence is already below the recommended length of time for the convictions.

Blagojevich was arrested in December 2008 when he was still governor. He was impeached by the Illinois General Assembly in early 2009. **REUTERS**

Latecomer. Kasich touts experience as he joins crowded Republican field

Republican John Kasich promised to use his decades of political experience in Washington and the U.S. heartland to create jobs and tighten government spending as he made a relatively late entry to the 2016 race for the White House on Tuesday.

Kasich, the popular governor of Ohio and a former leading U.S. congressman, is likely to be the last prominent Republican to enter the field, which is now up to 16 candidates.

His emphasis on long government service runs counter to other candidates, such as Jeb Bush, who are positioning themselves as outsiders.

Speaking at Ohio State University, Kasich offered fiscal discipline, a stronger military and a compassionate conservative vision for the poor if he overcomes long odds to win the Republican nomination and then the November 2016 election.

Many Republican candidates are keen to avoid being seen as professional politicians, but Kasich, 63, a two-time governor, listed his long time in government, including 18 years in the U.S. House of Representatives, as evidence he can run the country.

A moderate Republican with a reputation for having a short temper, he needs to make a mark quickly to qualify for the party's first debate on Aug. 6.

Kasich ranks 14th out of 16 Republican candidates in a Reuters/Ipsos online poll, and he is in 12th place in the RealClearPolitics average of polls. **REUTERS**

Ohio Gov. John Kasich / GETTY IMAGES

Quoted

"I believe I do have the skills and I have the experience and the testing which shapes you and prepares you for the most important job in the world."

Kasich, who mounted a short-lived run for the nomination in the 2000 race, told supporters.

DOWNTOWN BROOKLYN MULTI-SPECIALTY GROUP

HEAD TO TOE
We have you covered!
Caring doctors and personal care all in one convenient location

Dr JEFFREY ROSENBLATT
Dr EMMANUEL BUSTOS
Specializing in bunion and hammer toe surgery, fungal nails (laser) and heel pain
Podiatric Medicine
408 Jay St, Suite 500, Brooklyn, NY 11201
718.875.9251 • Drjeffreyrosenblatt.com

Dr NELLY COHEN
Internal medicine, primary care, weight loss specialist
408 Jay St, Suite 500, Brooklyn, NY 11201
718.596.5555

HANSON DENTAL
General and Cosmetic Dentistry
177 Livingston St, Brooklyn, NY 11201
718.403.0700

Dr MICHAEL AMOASHIY
Neurologist
408 Jay St, Suite 300, Brooklyn, NY 11201
718.522.3000

Brooklyn Multi-Specialty Group
Quality Care from Head to Toe

WE ACCEPT YOUR INSURANCE
Board Certified Medical Professionals

SAME DAY APPOINTMENTS AVAILABLE
Call today for appointment
MetroTech Areas convenient to
1 2 3 A B C 4 5 6 N R

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)
A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight– they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

Relief For Chronic Heel Pain

Now Featuring genesisplus™
New FDA Laser Treatment For Nail Fungus, Scars & Warts
CUTERA

New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of *The New York Times*

If any of these apply to you... Call today.
Patient is responsible for co-pays & deductibles
most insurance plans accepted complete family foot care laser surgery available

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

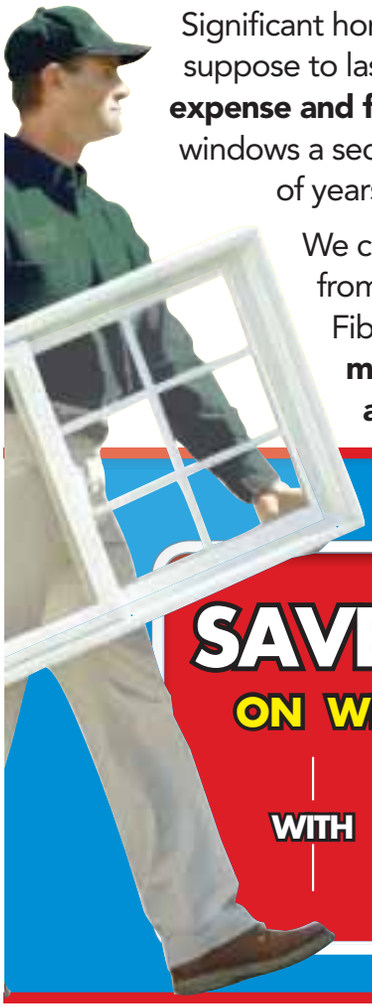
Downtown location	Midtown location	
65 Broadway Suite 1103 Financial District NYC, NY 10006 212-486-7333	121 E. 60th St. New York City, NY 212-486-7333 **Paul Drucker DPM** **Jordan Drucker DPM**	235 East 22nd Street (between 2nd and 3rd Ave) 1 212-486-7333 184 east 70th st 212-772-3500

Choosing poor-quality vinyl windows is a *mistake*.

Our Fibrex® material is **2X STRONGER** THAN VINYL

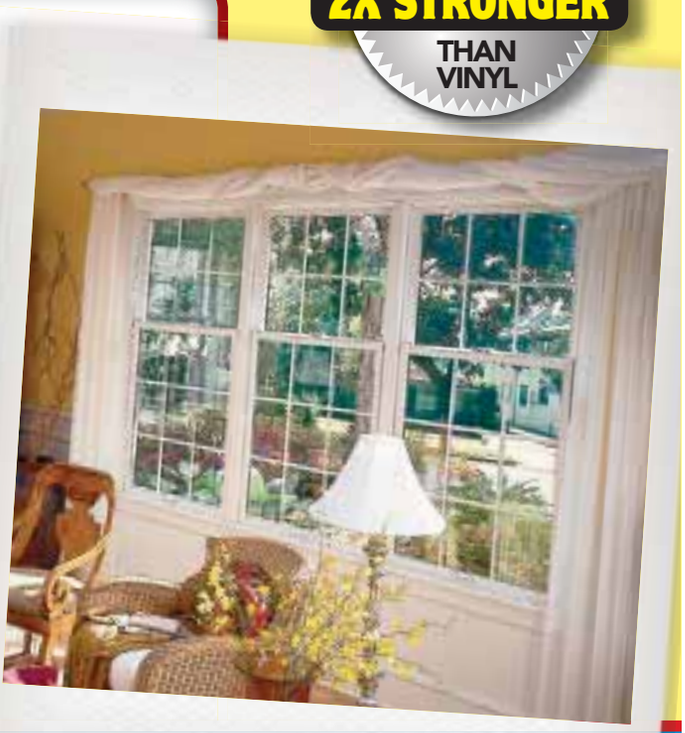
Choosing the proper window material is everything.

Even in normal temperatures, vinyl windows can warp, lose whatever energy efficiency they once had, and invite drafts and leaks.



Significant home improvements are suppose to last, but can you imagine the **expense and frustration** of replacing your windows a second time, after just a couple of years?

We custom-build our windows from our own material called Fibrex®. **And our Fibrex® material is twice as strong as vinyl.**



Call before July 19th!

SAVE 20% ON WINDOWS[1]

SAVE 20% ON PATIO DOORS[1]

SAVE 20% ON INSTALLATION[1]

WITH **NO MONEY DOWN** **NO PAYMENTS** **NO INTEREST** **FOR 1 YEAR[1]**

Offer only available as part of our Instant Product Rewards Plan.

Renewal by Andersen® WINDOW REPLACEMENT an Andersen Company

Call for your FREE Window Diagnosis

1-800-357-3815

[1]Restrictions and conditions apply; see your local representative for details. Cannot be combined with prior purchases, other offers, or coupons. No adjustments to previous orders. Offer not available in all areas, 20% discount applied by retailer representative at time of contract execution and applies to minimum purchase of 4 or more windows and/or 3 or more patio doors. Offer does not include bay/bow windows. Offer only available as part of our Instant Product Rewards Plan. As part of the Instant Product Rewards Plan, all homeowners must be present and must purchase during the initial visit to qualify. To qualify for 20% discount offer, initial contact for a free Window Diagnosis must be made and documented on or before 7/19/15 with the appointment then occurring no more than 10 days after the initial contact. 0% APR for 12 months available to well qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. **NJ Consumer Affairs License #: 13HV01541700. NYC Consumer Affairs License#: 1244514. Nassau Consumer Affairs License #: H0810150000. Suffolk Consumer Affairs License #:43991-H. NYC 1307704. Rockland County License#:H-11942-07-00-00.** Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2015 Andersen Corporation. All rights reserved. ©2015 Lead Surge LLC. All rights reserved.

VITFriends VITILIGO Support Group

Will host its

7th Annual Vitiligo Conference

Friday, July 31 - Sunday, August 2, 2015
Theme

My STRENGTH
Mind, Body and Soul

Vitiligo Awareness Fund Raising WALK
August 2, 2015 @ 8:30am
Castle Island

www.vitfriends.org
Toll FREE: 844-374-3639 (844-FRI-ENDZ)

DOWNLOAD
THE METRO.US APP
App Store
Google play

NASA releases first picture of Earth in 43 years and it's EPIC

Photo. NASA released a color image of Earth taken on the Deep Space Climate Observatory satellite.

NASA released the first picture of the Earth in 43 years on Monday.

A color image of Earth was taken by the Earth Polychromatic Imaging Camera (EPIC) on the Deep Space Climate Observatory (DSCOVR) satellite.

The picture was taken on July 6 and features North and Central America. Once the instrument starts collecting regular data, EPIC will provide a daily series of Earth images that for the first time in history will allow researchers to be able to study the daily variations of the globe.

The first pictures of Earth were taken in 1947 from 100 miles in space.

Astrophysicist, cosmologist, author, science communicator and Frederick P. Rose Director of the Hayden Planetarium Dr. Neil deGrasse Tyson took to Facebook "at the request of the White House" to reflect on the image.

The objective of the DSCOVR satellite is "to maintain the nation's real-time solar wind monitoring capabilities, which are critical to the accuracy and lead time of space weather alerts and forecasts from NOAA." The pictures delivered to NASA from the satellite will help NASA do just that.

MEGAN FU

Photo of Earth taken by the Earth Polychromatic Imaging Camera / NASA

Facebook

Dr. Neil deGrasse Tyson wrote:

- Now we have at our disposal, not simply a photograph of our home to reflect upon, but continual data of our rotating planet, captured 13 times per day, by the robotic Deep Space Climate Observatory, a specially designed space camera & telescope, launched and positioned a million miles from Earth.
- We will now be able to measure and track Sun-induced space weather as well as global climactic trends in ozone levels, aerosols, vegetation, volcanic ash, and Earth reflectivity, all in high resolution.

BRAMSON ORT COLLEGE www.bramsonort.edu
EOE / AA

- Accounting
- Business Management
- Computer Technology
- Game & Graphic Design
- Medical Assistant
- Medical Billing and Coding
- Paralegal

and many more!

Queens • Brooklyn

Finish What You Started
Become Our Next Graduate
CALL TODAY! (866) 644-2925

Earn Your High School Equivalency Diploma While Studying for Your Associate Degree.
Must meet Ability to Benefit Requirements

THE BRAMSON ORT PROGRAMS GAINFUL EMPLOYMENT DISCLOSURES ARE POSTED ON WWW.BRAMSONORT.EDU

ADVERTISEMENT
Bankrate.com

METRO NEW YORK CD & DEPOSIT GUIDE
Yields Available to New York Area Residents
Check rates daily at http://metronewyork.interest.com

Institution/Phone	Address/Internet	Int Chking Acct Min	Money Mkt Acct Min	3 mo CD Min	6 mo CD Min	12 mo CD Min	18 mo CD Min	24 mo CD Min	36 mo CD Min	60 mo CD Min
Synchrony Bank		NA	0.85	0.32	0.60	1.25	1.25	1.45	1.50	2.25
800-869-3813	www.myoptimizerplus.com	NA	30	15,000	25,000	2,000	2,000	2,000	2,000	2,000

Specials: Synchrony Bank was Formerly GE Capital Retail Bank. Member FDIC.

Legend: Rates effective as of 7/20/15 and may change without notice. All institutions are FDIC or NCUA insured. Rates may change after the account is opened. N/A means rates are not available or not offered at press time. Yields represent annual percentage yield (APY) paid by participating institutions. Fees may reduce the earnings on the account. A penalty may be imposed for early withdrawal. Banks, Thrifts and credit unions pay to advertise in this guide which is compiled by Bankrate.com®, a publication of Bankrate, Inc. © 2015. **To appear in this table, call 888-768-4243. To report any inaccuracies, call 888-509-4636.** • *http://metronewyork.interest.com*

Start Your New Career Here!
Now in our 75th year, NYCI has helped thousands of men and women launch successful careers.
• Court Reporting/Closed Captioning
• Paralegal
• Healthcare Management
• Medical Billing and Coding
OPEN HOUSE
Saturday, July 25th 11am-1pm
Wednesday, July 29th 11am-7pm
NYCI established 1941
NEW YORK CAREER INSTITUTE
The College of Legal & Medical Professions
• Day, Evening & Sat. Classes
• Degree & Certificate Programs
• Transfer Credits Accepted
• VA Approved
Call 212•962•0002 | www.nyci.edu
11 Park Place, NYC
Located near City Hall and convenient to reach by:
1 2 3 4 5 6 A C E J Z R

Air travel. Airport contract workers to strike in New York

A baggage handler loads luggage after it was screened. / GETTY IMAGES

Some workers at New York's John F. Kennedy and LaGuardia airports plan to strike tonight, their union said in a news release on Tuesday, potentially affecting travelers and airline operations.

Security officers employed by Aviation Safeguards have voted to strike at 10 p.m. today because they say their employer has threatened to fire them for organizing for higher wages and benefits, according to the property service workers union 32BJ SEIU.

Neither Aviation Safeguards nor Delta Air Lines Inc., which contracts Aviation Safeguards according to the union, could immediately be reached for comment.

REUTERS

Court rules

Facebook must hand over New York users' info to prosecutors

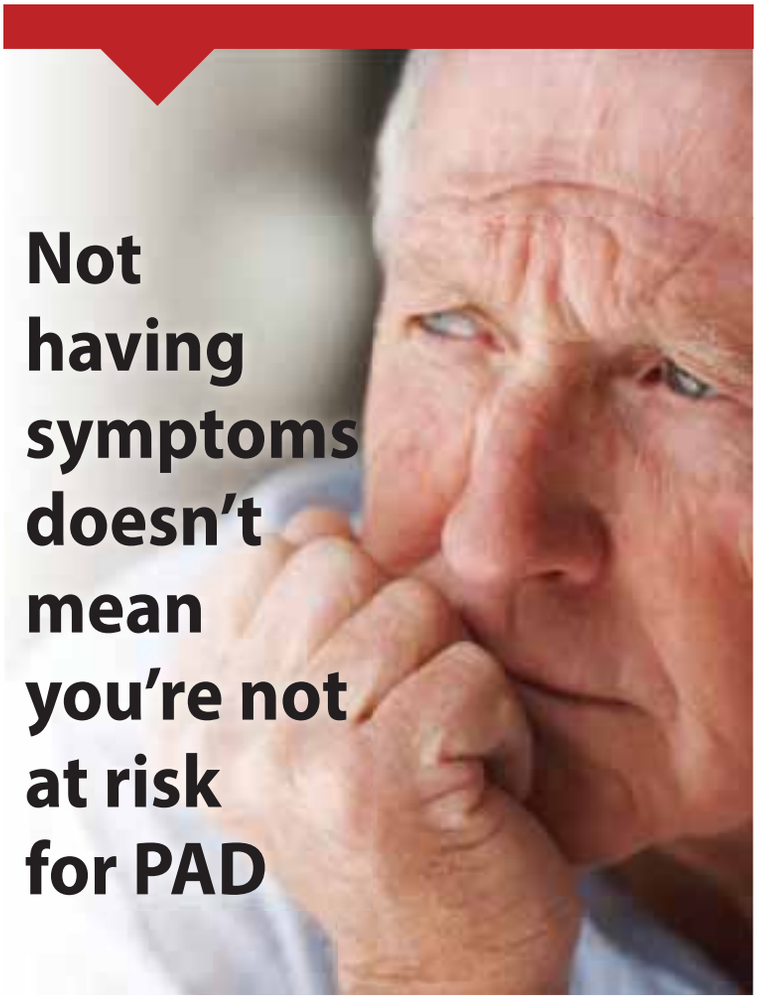
Facebook cannot challenge search warrants New York prosecutors used to get information from its site on hundreds of users suspected of Social Security fraud, a state appeals court said on Tuesday in a decision likely making it harder for New Yorkers to keep their digital lives private.

The warrants, which applied to 381 users' photos, private messages and other account information, could only be challenged by individual defendants after prosecutors gathered evidence, the Manhattan-based court unanimously ruled.

Facebook was backed in the case by a group of large Internet companies including Google and Microsoft. REUTERS

Did you have SHINGLES?
Still in PAIN?
Local doctors are conducting a research study of an investigational topical ointment for people with chronic PHN pain, to see if it helps relieve pain when it is applied to the affected area twice a day for 4 weeks.
If you are eligible for the study, all study-related visits, tests, and medications will be provided to you at no cost. In addition, reimbursement for study-related time and travel may be provided if needed. Please call for more information.
(212) 595-5012
The Medical Research Network, LLC
134 E 93rd St, New York, NY • www.Medical Research Network.com

FREE!
Learn English for Business at Brooklyn Public Library
Join us to prepare for success in business and the workplace. For locations and class schedules, visit bklynlib.org/business-english
Bklyn Public Library



If you're over the age of 60, you're at risk for having or developing Peripheral Arterial Disease (PAD), which if left untreated can lead to severe pain, numbness, impotence, non-healing sores...even amputation. And if you're a smoker, have diabetes or have had a heart attack or stroke your risks are increased significantly.
The good news is that PAD can be easily treated with our fast, minimally invasive technique.

Do You Have PAD?

- ☑ Pain, achiness, fatigue or burning in the muscles of your feet, calves or thighs, especially during walking or exercise
- ☑ Increased pain when walking uphill, walking faster or for longer distances
- ☑ Pain subsides after several minutes of rest
- ☑ Pain level increasing with less exercise
- ☑ Numbness in legs and feet while at rest
- ☑ Paleness or discoloration
- ☑ Legs are cool to the touch
- ☑ Severe constant pain even at rest, presence of non-healing ulcers and risk of losing affected leg

USA VASCULAR CENTERS

718-690-3048

260 W Sunrise Hwy, Ste 102 • Valley Stream, NY 11581
2444 86th St, Ste A • Bensonhurst, NY 11214

www.USAVascularCenters.com

"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer
Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called *Viscosupplementation.*

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in Northern N.J. right outside NYC (they now have clinics in mid town and downtown).. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227- KNEE** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.

OsteoRelief Institute
Locations in Midtown and Downtown NYC
Northern New Jersey
8 0 0 - 2 2 7- K N E E

New Jersey	Midtown NYC	Financial District NYC
Waterfront Medical	Park 34 Medical P.C.	Downtown Medical NYC
Director Alexander Garger MD	Director Alexander Garger MD	Director Gazelle Craig D.O.

Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**

Before Treatment
Painful Knee Joint
Riddled With Arthritis
Successful Treatment
Exact Placement Of Lubricating Gel
When Using Advanced Imaging
Failed Treatment
Without Advanced Imaging Missing
Joint By TINY Amount Causes Failure
Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced
Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering

2 CULTURE

Twitter feed

Today, Marlon Wayans is battling cravings, Chloe Grace Moretz is jonesing, Eva Longoria has a mystery benefactor, Taye Diggs is pleased and Mindy Kaling is having a rough night.

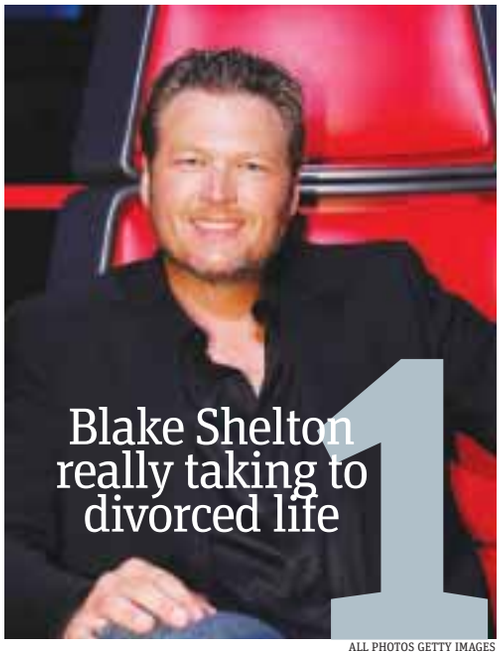
@MarlonWayans: Life is so unfair when you're on a cleanse

@ChloeGMoretz: I want hockey season to be back .

@EvaLongoria: Thank you to whoever paid my lunch at #Manta's in #Sydney! So kind of u, wish I could have said thank u in person!

@TayeDiggs: Great stuff.

@mindykaling: It's late and I'm quoting Muhammad Ali



1 Blake Shelton really taking to divorced life

ALL PHOTOS GETTY IMAGES

The divorce announcement from Blake Shelton and Miranda Lambert was certainly a surprise — unless you work on "The Voice," apparently. "Blake is in a much better mood this season than he was when he was married to Miranda. Everyone on the show knew that it was just a matter of time before him and Miranda were done," a source tells Radar Online. "Towards the end of last season, when someone would ask how his wife was, he would joke around and say something sarcastic along the lines of, 'How should I know?' But Blake is a true professional and never brought his personal problems into work." Um, guys? Jokingly saying you have no idea how your wife is doing is kind of bringing your personal problems to work. Just saying.

2 The Affleck kids got a divorce puppy

The latest wrinkle in the Ben Affleck-Jennifer Garner breakup appears to be small, furry and utterly adorable. Some eager paparazzi spotted Affleck in Georgia this week — where Garner is filming, their three kids along for the trip — cradling the gosh darn cutest golden retriever puppy you ever did see. And Garner herself was spotted over the weekend taking their youngest to Party City to pick up some balloons with paw prints on them. This can only mean one thing: It's a divorce puppy, weaponized cuteness meant to ease the impact on the kids of the big change.

JAXN LYNX/AKM-GSI

According to Us Weekly, the puppy was actually adopted by the family in May, but that still lines up, timing-wise. Also, look at the puppy! So fluffy, so cuddly. So uncomfortable in Affleck's arms.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick • ned.ehrbar@metro.us

3 Charlize Theron invited Obama to a strip club

Do you worry about totally embarrassing yourself whenever you meet someone famous and important? Charlize Theron is right there with you. Jimmy Kimmel got her to recount a rather awkward run-in with Barack Obama from a previous visit. "I have this thing that happens when I get nervous where I get so nervous that I will say something really inappropriate. It's like Tourette's in a weird way. It's like verbal diarrhea," she explains. "[Obama] felt like he was reaching a [new] demographic" being on Kimmel's show. "There was this pause, and I didn't know what to say and all I could come up with was, 'Well, if you're looking for a different demographic I can take you to a strip club.' It's terrible. Terrible, terrible. Michelle Obama is going to kill me."

4 Judd Apatow does a mean Bill Cosby

Judd Apatow delivered a spot-on Bill Cosby impression on "The Tonight Show." Apatow was paddling his way through a so-so set before landing on a pretty searing Cosby bit. "My wife said to me, 'What is this in the paper about the raping and the drugging and the women,'" Apatow said with a well-practiced impression. "And I said, 'Do you like your life? Do you like the house and the jet? Well, then, have a cappuccino and shut the floink up.'"

Apatow has been on a bit of a "crusade" against Cosby and was recently quoted at a movie premiere crediting himself with keeping the Cosby-rape conversation alive. A noble endeavor, to be sure.

Results Not Typical

- Metabolism boosting diet plan
- Doctor supervised fat burning injections
- Voted best permanent weight loss NYC

NOVO
The Medical Weight Loss Experts
139 Fulton St., Ste 201, NYC
Great Neck, NY • Paramus, NJ
844-544-DIET (3438)
www.novoweightloss.com

FREE metabolic analysis and consultation

Dedicated Personal Consultants

ECL EMPIRE CITY LABORATORIES

See if you qualify for our permanent weight loss protocol

Lose 20-40 Pounds in 40 Days.

Greg Poehler is living up to the family name

Interview. The actor talks about dream guests and advice from the other comedic Poehler for Season 2 of "Welcome to Sweden."

"Welcome to Sweden" airs Sundays at 8 p.m. on NBC. / ALEXANDRA ARISTARHOVA/TV4 AB

Greg Poehler may have a pretty famous last name, but that doesn't mean he's not working hard to claim it as his own. Though big sister Amy just wrapped up the run of her own show, the younger Poehler is hard at work on the second season of "Welcome to Sweden," the sitcom loosely based on his own life as an American expat living in Sweden. The series traffics in a very wry sense of humor, poking fun at the oddness of Swedish culture without being insulting, and more often than not making it clear that Poehler's Bruce is the odd one out. We talked to him about the new season and all his big casting moves.

What can we expect coming up in Season 2?
I finally know what I'm doing, so that's a huge plus, right? I think, in general, Season 2s are where shows find their footing and find their rhythm and figure out what they want to be. I think there's so many things that can go wrong in a Season 1, not necessarily in terms of acting or writing, just in terms of the producing aspect of it.

You did some stand-up comedy before this but not any acting. How was the transition?
It's always something that I thought I could do and it helps that I'm basically playing a version of myself on screen. I don't feel like I'm acting too much, to be honest. The key is to not act. [Laughs] No, my sister gave me some advice before Season 1, as a new actor, which is to make sure you don't overact. People have the tendency to want to overdo it and be big in the moment if they don't have much experience.

Are the cultural differences that play out in the show inspired by events that have happened in your real life?
Americans, when they're listening to someone talk, they remain silent. Swedes have these ro-tation of sounds that they make when you're talking. And the first time you hear it, you have no idea what's going on. The first time my wife did it, I thought it was some sort of emergency, and it was just her mom telling her to pick up some milk.

The show has a lot of fun cameos. How do you decide who will be a good fit on the show?
This year we have Jack Black, Paul Simon, Jason Priestley, Neve Campbell, and then Amy and Aubrey [Plaza] come back, of course.
It's tough on the guest stars. They have to be someone that is famous in both Sweden and the U.S. And that's a shorter list than you'd think. It tends to have to be gigantic stars like Will Ferrell, Jack Black, Gene Simmons and Paul Simon.

Do you have any dream guest stars?
We're almost running out of people that are famous in both places. We're down to, like, President Obama, Leonardo DiCaprio and maybe Bjorn Borg. We've been trying to get Bjorn Borg for two seasons, so that's the biggest get. If we can manage to corral him, then we've climbed the highest Swedish mountain.

GETTY IMAGES

Famous sibs

Advice from the experts

Did you end up asking Amy for a lot of advice?
She's trusted me to make the show that I wanted to make, which is huge — especially for someone that has had no experience. It's kind of an early stamp of approval. I've spent so much time with her around the business. We lived together when she started on "SNL" in New York. I've kind of been on the outskirts of it for so long that I feel like I know what the business is and I try not to take it too seriously. I know how ridiculous it is in many respects.

Is she involved much in the creative process or is she mostly hands off in that department?
She's very involved when it comes to scenes that she's in. [Laughs] She somehow pays a lot of attention whenever a scene involves the two of us and I'm under strict orders to give her all the funny lines, which I do as a dutiful younger brother. No, for the most part, she leaves me to do the show that I want and, plus, it's in Sweden, so it's kind of a tough commute for her. She sees all the scripts and makes cuts on the episodes, so she's involved in that.

LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

MENOPAUSE?
Painful Intercourse?
Itching? Vaginal Dryness?
Frequent Urination?
Save 10% Now!*

MonaLisa Touch is a painless, 5-minute life changing laser procedure for restoring vaginal health.

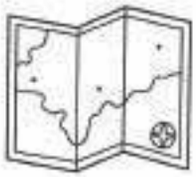
FREE PRIVATE CONSULTATION
Manhattan Center For Gynecology
Ronald D. Blatt MD, FACOG
144 E. 44th St., Suite 225 (between Lexington and 3rd Ave.)
New York, NY 10017
212-308-4066
*valid through 7/31/15 with this ad

MEDSPA 44
Make Yourself Beautiful for the Summer!
BODY CONTOURING
COSMETIC LASER SERVICES
15% Off any service*
FREE CONSULTATION
Fraxel • Ultherapy • Cool Sculpting
Laser Hair Removal • Smartlipo
Cellulaze • Precision TX – Neck Lift
Botox, Juvederm, Voluma

Medspa 44
144 E 44th St, Ste 205
NY, NY 10017 (3rd – Lex)
212-308-4990
info@medspa44.com
www.medspa44.com
*valid through 7/31/15 with this ad

HOTEL SCAVENGER HUNT

Looking for a way to occupy your child while you get settled and unpacked at your hotel? Send her on a hotel scavenger hunt! Here are some lists of items for her to find, questions for her to answer, and things to take pictures of.



TO FIND:

- ☐ Local map
- ☐ Do Not Disturb sign
- ☐ Brochure for a local tourist attraction
- ☐ Takeout menu for a restaurant
- ☐ Envelope
- ☐ Pad of paper with the hotel logo on it
- ☐ Coffee stirrer
- ☐ Tea bag or coffee
- ☐ A vending machine item that doesn't have chocolate in it
- ☐ Business card

QUESTIONS TO ANSWER:

- ☐ How many pillows are in your room?
- ☐ By what time must you check out of the hotel?
- ☐ Is there a fitness room in the hotel?
- ☐ What machines are in the fitness room?
- ☐ What is the name of the attendant working at the desk?
- ☐ How many floors does the hotel have?
- ☐ How old do you have to be to go to the pool without an adult?

TO TAKE PICTURES OF:

- ☐ An employee's nametag
- ☐ EXIT sign
- ☐ Something on the room service menu for less than $10
- ☐ An In Case of Emergency plan diagram
- ☐ A room number in which all the numbers are the same

Since she's already explored the hotel, she can lead you to the pool for some rest and relaxation when you're finally unpacked!

Family fun

At the hotel

It's tough to arrive at your hotel after a long day and have to deal with your kids bouncing off the walls. Give them the above scavenger hunt to keep busy while you're getting settled. It will give you a good hour of peace while they burn off some energy.

How to keep the kids entertained on your next vacation

Parenting hacks. Avoid a meltdown with these games that keep kids smiling in some common vacation situations.

We have the secret to end all those "Are we there yet?"s. / ISTOCK

Ahh, vacation — time to relax and unwind, put your feet up and … wait, what's that? "Stop hitting each other!" … "I'm bored!" Family vacations should be when joyful memories are made, but whether you've got one kid or four, chaos seems inevitable. With ideas from "On-the-Go Fun for Kids!" by Amanda Morin, you'll be prepared with games and activities to entertain the kids in each of these common vacation scenarios.

When it's time to hit the road

For lengthy car rides, Morin devised a genius game that's so simple you'll wonder why you never thought of it yourself. "Designate one member of the family to control the MP3 player. Have him or her choose a song, play the first 30 seconds, and then hit "Pause." Now, the rest of the players have to guess the song," Morin suggests.

Later, when you need some quiet time, Morin suggests having window markers or dry erase markers handy in the car. Let kids doodle, write and play games on the passenger-side windows while you drive. As long you're careful to keep permanent markers far, far away from little hands, you'll be able to wipe the windows clean.

On the subway or bus

Here's how to play hide-and-seek without running all over the place: Tell your child to imagine a hiding place, whether it's somewhere at home or even on a distant planet. Then you can guess where he or she is "hiding" by asking questions with yes or no answers. "Since it's only in [your child's] imagination, he or she could even hide in places where he or she wouldn't fit in real life or in places that aren't usually safe," Morin writes.

On planes and trains

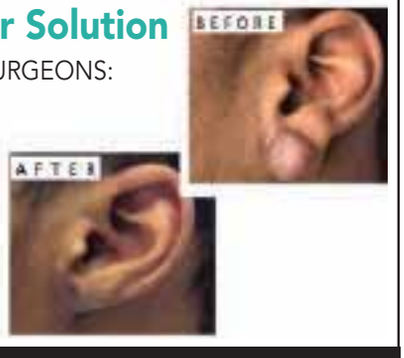
Traveling around the country is bound to get your little one thinking about geography, so take advantage of that with fun word scrambles and crosswords. "On-the-Go Fun for Kids!" has lots of fun ones, but most airport bookstores sell activity books, too.

RACHEL KASHDAN
@metronewyork
letters@metro.us

LEXINGTON PLASTIC SURGEONS

DON'T BE SCARRED BE CONFIDENT
with
Lexington Plastic Surgeons

Your Complete Scar Solution
VISIT LEXINGTON PLASTIC SURGEONS:
Keloid Scars
Hypertrophic Scars
Acne Scars
Stretch Marks
Burns
Rosacea and more...



(888)919-2102
@lpSurgeons
LexingtonPlasticSurgeons.com • 113 East 39th Street New York, New York 10016
most insurance accepted

What I learned when I stopped getting mad

These little guys are always getting into something.
/ YESENIA ALMONTE/INSTAGRAM

Mommyhood Musings

YESENIA ALMONTE

Twitter and Instagram: @yeseniaalmonte

Metro's parenting blogger is sharing her parenting triumphs and fails — and taking you along for the ride. Yesenia Almonte is a born and bred New Yorker who lives in Brooklyn with her husband and two sons, Hudson, 3, and Crosby, 10 months.

For exclusive commentary, visit **Metro.us/blogs.**

It's easy to get upset with your kids when they disobey you. Some of the doozies that really do it for me are when my 3-year-old doesn't want to go to bed or eat the dinner I slaved over for him — and, of course, tantrums in public.

Lately, my son doesn't want to go to sleep in his own bed. He wants to stay with my husband and me in the living room and lay next to us until he falls asleep.

Here's the thing: Evenings are my catch-up time. This is when I can peacefully have a conversation with my husband, catch up on my reading or just relax with HGTV. I have been so mad that my kid was stealing my me-time. He, of course, senses my anger, which then makes me feel extra guilty — not at the fact that I get mad at him, but that I stay mad at him.

It's completely natural to get upset with your kids, but staying mad, I believe, doesn't help the situation and it certainly doesn't teach your kids anything positive about how to deal with their emotions. In a lot of parenting situations, such as sleep training or potty training, it is often the parent — not the child — who allows the situation to get out of hand.

In this instance, it is certainly my fault that my 3-year-old doesn't want to go sleep without me next to him. I'm not saying I won't be one pissed mommy tonight — I probably will be — and I'll acknowledge my anger and simply move on ... until I decide I want to deal with the problem head on.

My child will eventually sleep the entire night in his bed, as he did so often before he decided to momentarily revisit what it's like to sleep next to his mommy. We have to end this, but for now he needs the comfort this provides him, and it may be more important to understand why he needs it, rather than become angry about it.

Celebrating 23 years at Spa Jolie
50% off....50% off..50% off

LASER HAIR REMOVAL

Lip	$37.50
Chin	$37.50
Underarms	$37.50
Full legs, back or chest	$99
Brazilian	$75
Full arms	$75
Full body laser hair removal	$299

FREE CONSULTATION

WAXING

Brazilian	$19
Back or chest	$14
Buttocks	$12.50
Full body wax	$49.50

No time to come in before ad expires?
Call today to prepay with no expiration

SPA TREATMENTS

Oxy Geno Facial: revitalize, refresh & restore	$49.50
Deep pore facial w/ extractions	$32.50
Slimming body wrap with Mini Facial	$50
Ear candling	$15
Microdermabrasion	$37.50
One-hour massage	$37.50
Spa Manicure w/ Spa pedicure	$22.50

ANTI AGING

Laser Genesis: Firms sagging skin	$50
Skin tightening: tighten skin back to muscle	$75
Fractional: reduce fine lines, scars & stretch marks	$75
Clear & Brilliant: 2 areas for	$249
Thermage Eye Lift: lift sagging eyes or reduce eye bags	$399
Thermage Body Lift: reshape. tighten	$899 per area
Thermage Butt Lift: contour, reshape and lift sagging butt area	$999

spa Jolie
Laser, Slimming & Anti Aging Spa

180 7th Ave South Btwn W.11th st & Perry St
212 229 1389 • Open 7 Days

FIBROIDS?

Seeking a Hysterectomy Alternative?

DO YOU HAVE?

- Bleeding between periods
- Heavy bleeding during periods
- Abnormally long periods
- Frequent urination
- Pelvic pain and pressure
- Pressure in your lower abdomen
- Pain during intercourse

1 in 5 women experience fibroids during their childbearing years. Half of all women have fibroids by age 50. Uterine fibroids (Myoma or Leiomyoma) are very common and treatable. Uterine Fibroid Embolization treatment at USA Vascular Centers can shrink fibroids up to 50% within 3-6 months. Treatment is a minimally invasive, non- surgical outpatient proceducre with a short recovery and no hospitalization. Most patients experience relief of symptoms, including excessive bleeding reduction within 1 month. Don't wait – call (718) 690-3048 now to schedule a consultation.

USA VASCULAR CENTERS™

Call today to schedule your consultation

(718) 690-3048

www.USAVascularCenters.com

2444 86th St, Ste A
Bensonhurst, NY 11214

260 W Sunrise Hwy, Ste 102
Valley Stream, NY 11581

NEW

TRAILERS: STOP SPOILING TWISTS IN MOVIES

The trailers ruined one of the better surprises of "Terminator Genisys": Jason Clarke's John Connor is actually a [spoiler]. / PARAMOUNT PICTURES

I recognize that, in the grand scheme of things, this isn't on the scale of ending world hunger or the next presidential election, but I'm going to talk about it anyway: Please stop giving away your entire film in the trailer.

I recently went to see "Terminator Genisys," knowing the big secret of the film. Why? The trailer pretty much told me everything. It told me who was a Terminator. It told me that (spoilers, since the film has been out for weeks) Arnold Schwarzenegger's T-800 was raising Sarah Connor (Emilia Clarke). It robbed me of the discovery that was the main focus of the film. Heck, "Terminator Salvation" did the same thing. Whether or not the film was a hit or a miss (I'll leave that up to you), it totally failed because the experience was tainted by the lack of surprise.

Remember "Cast Away"? The trailer told us that he was on the island for four years. I watched the film, knowing the entire time that, no matter what happened, he was going to be OK. As great a performance as Tom Hanks gave, it was marred by the lack of surprise. It lowered the stakes. Frankly, it ruined the film for me.

Romantic comedies are notorious for this. Luckily I can't stand them. Oh, does the boy meet the girl, lose the girl and then get the girl? Oh, is that how they get back together? Yeah, don't need to see this in the theater. I just watched the Cliff Notes version.

The whole point of seeing a film is to watch a story unfold. If you're a comedy full of cameos, don't show every single one of them to me. Did you love "Zombieland" any less because you didn't know about the cameo? No! It made it even better. Remember the big secret in "The Sixth Sense"? Did you see that in the trailer? Nope. You know that new "Star Wars" movie? No matter how many cool shots we've seen, we still know very little. I'm pretty sure people are still going to go see it.

Please, just stop. Leave a little mystery. At least until opening weekend.

Geek Girl in Hollywood

JENNA BUSCH

JENNA BUSCH TAKES ON THE WAY POP CULTURE SNUBS ITS FEMALE FANS. FOR MORE COLUMNS, VISIT METRO.US/JENNA-BUSCH AS WELL AS HER SITE, LEGION OF LEIA (WWW.LEGIONOFLEIA.COM)

Receive personal attention from a Board Certified Podiatrist*
212-750-8344
BEFORE
AFTER
Warts • Heel Spurs • Fungus Nail • Ingrown Toenails
Nerve Pain • Cysts • Custom Inserts • Ulcers
Precision Footcare:
DR. JOHN JURCISIN
Most Insurance Plans Accepted

$1 ZOOM!
Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan
DR. STEVE
Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923
Open Weekends and Evenings
ZOOM!
30 East 40th St. #105
1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com

metro.us/truthfacts

BY WULFF & MORGENTHALER

metro.us/horoscopes

Aries Family relations will be overly dramatic and upsetting. You are best off focusing on business matters and making more money.

Taurus Love is on the rise. A promising partnership will result from a social gathering or group activity. Get involved in community events.

Gemini Consider the feelings of a loved one when you are using charm to impress an outsider. What you consider harmless fun will have a sobering effect.

Cancer Don't hesitate to make a positive change. There is always room for improvement if you are willing to do the work.

Leo Your stress level will be lessened if you get involved in physical activity or tackle a challenge that takes your mind off your troubles.

Virgo Step into the spotlight and share your knowledge and plans, but be aware of someone who is jealous or feeling left out.

Libra If you have trouble making up your mind, don't commit to anything. It's better to be sure than to make a promise you don't want to keep.

Scorpio Money is headed your way. Don't put yourself in harm's way by associating with unscrupulous or overindulgent individuals.

Sagittarius Dealing with government, bureaucracies or institutions will be frustrating. Concentrate on self-improvement programs instead.

Capricorn Today's emphasis is on financial matters. Keep your money safe. If you can convince others to invest in your ideas, you will come out ahead.

Aquarius Don't act on impulse. An intriguing job prospect will have some unexpected detriments. Be sure you know what you are getting into.

Pisces Don't try to embellish. You will do much better if you stick to the truth. Problems will surface if you give the wrong impression. EUGENIA LAST

metro.us/games

metro.us/sudoku

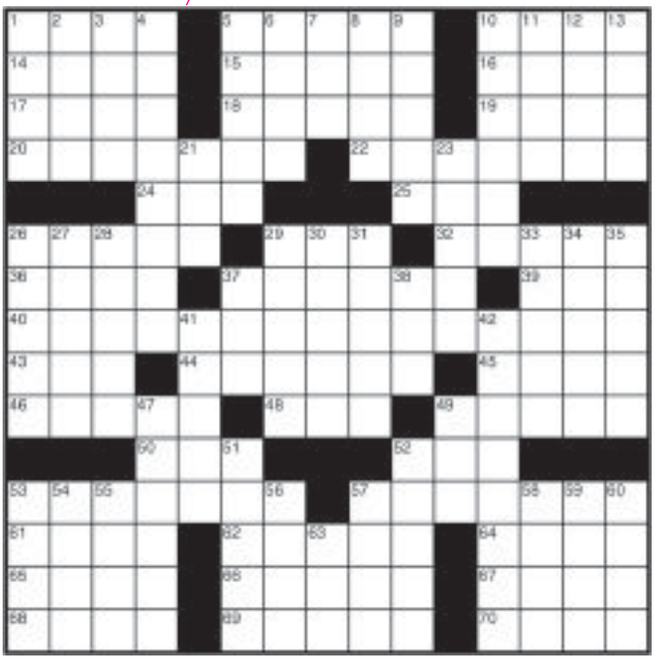
easy

	1				6	2		7
		2		1				
			9	2		1		
6							3	8
8		9	4		3	7		5
5	7							4
		5		7	8			
				9		8		
9		7	3				6	

hard

9		4			7			6
	7	1			2	4		
8			4				1	5
			6					
7		8				3		2
					9			
3	8				5			4
		2	8			6	7	
1			2			8		3

metro.us/crossword



Across

1 Dalai —
5 Sparkle
10 Cougar
14 Touched down
15 Vietnam's capital
16 Crazed captain
17 — be a cold day...
18 Gavel-banger's cry
19 One-and-only
20 Swain's offering
22 Percolated
24 Cambodia' s Lon —
25 Double helix
26 Horse's carriage
29 Med. plan
32 Library fixture
36 In — — (stuck)
37 Puck stopper
39 Make after taxes
40 In suspense (3 wds.)
43 Brown of renown
44 Late-news hour
45 Trifling amount
46 More cunning
48 Deighton or Cariou
49 More confident
50 Messy place
52 Underwater shocker
53 Extirpates (2 wds.)
57 Job opening
61 "Jaws" rival
62 Dog genus
64 Finish-line marker
65 Bulb measure
66 Duplicate
67 Outback mineral
68 Wild plum
69 Facilitated
70 Coarse file

Down

1 Bear's pad
2 Low voice
3 Wire thicknesses
4 On and on (2 wds.)
5 Horror flick extra
6 Piecrust ingredient
7 Midwest st.
8 "The First —"
9 Bushed
10 Philosopher Blaise —
11 Oops! (hyph.)
12 Stag attender
13 Under the covers
21 U2's first album
23 Disturbing emotion
26 Cries loudly
27 Archangel of light
28 Full of nerve
29 Package tour feature
30 Writer — Binchy
31 Bygone
33 Walking — —
34 Davis or Midler
35 Early anesthetic
37 Gas pump qty.
38 King — Saud
41 Lahr and Parks
42 Software work-around
47 Tycoon's home
49 Brut
51 Desert plant
52 Cut some slack
53 Plies the oars
54 Ph.D. exam
55 8 as a prefix
56 Sanskrit dialect
57 Morning glory
58 Auto-parts store
59 1040 experts
60 Shrill bark
63 Nonverbal OK

metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries.** • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax** 212-952-1505 • **Associate Publisher** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice.• **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **National News Editor** Morgan Rousseau, morgan.rousseau@metro.us • **Web Editor** Andrea Park andrea.park@metro.us • **Art Director** Julianne Aerts, julianne.aerts@metro.us• **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **TV Editor** Lisa Weidenfeld, lisa.weidenfeld@metro.us • **Film Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Eva Kis, eva.kis@metro.us • **Travel Editor** Rachel Vigoda, rachel.vigoda@metro.us • **Careers/Education/Dating Editor** Raquel Laneri, raquel.laneri@metro.us • **National Sports Editor** Matt Burke, matt.burke@metro.us • **Social Media Manager** Lakshmi Gandhi, lakshmi.gandhi@metro.us

Certified Audit CAC of Circulations

metro.us/hip-hop cop

WHAT HAVE YOU DONE, TRE'?
YOU'RE ONE TO TALK, BRO. SO GLAD YOU CAME OFF OF YOUR CLOUD TO FACE ME.
POLICE! YOU'RE OVER.
COME ON, MAN. YOU AIN'T GONNA ARREST YOUR OWN BLOOD.
THINK THE WORLD WOULD LIKE TO KNOW WE'RE BROTHERS?
I'M SURE YOU'D RATHER NOT LET IT GET OUT THAT YOUR BABY BROTHER IS A STONE COLD KILLER? YEAH, I THOUGHT SO.

2015 Jamar Nicolas | @detectiveboogaloo |@jamarnicholas

PINEBROOK
CONDOMINIUM

All of The Best That Westchester Offers for Less

A New Community Featuring 51 Homes in Larchmont NY

- Priced from $215,000 to $238,400.
- Maximum household income $67,600 to $91,300 *(Varies with household size)*
- Accepting Applications for 2br/2 Bath Homes *(First come, first served)*

For Application or Information:
www. pinebrookcondominium.com • 914.332.4144
hac@affordablehomes.org

Pinebrook Condominium: 2101-2103 Palmer Ave., Larchmont, NY 10538
Sponsor: WB Pinebrook Associates, LLC. 570 Taxter Rd. Elmsford, NY 10523

Housing Action Council

The complete offering terms are in an Offering Plan available from Sponsor CD 11-0238.

EQUAL HOUSING OPPORTUNITY

SUMMER SPECIAL

$595*
Implant
*Must be completed at our office to qualify for promotional fees

Complete tooth replacement with post and crown
$1195*
OFFER EXPIRES
July 31, 2015
*All work must be completed at Right Choice Dental Implant Center to qualify for promotional fee of $1195 for Complete Tooth Replacement. Limit 3 implants per patient. Full payment due upon commencement of treatment.

Right Choice Dental Implant Center

Manhattan Location
50 Broadway Suite 2001
New York, NY 10004

2 Convenient Locations
Speak with your Smile Today!

Long Island Location
601 Franklin Ave Suite 100
Garden City, NY 11530

FREE CONSULTATION
REPLACE MISSING TEETH PERMANENTLY

Must bring this ad on your first visit.

646-791-8075

CALL TODAY!
www.Rightchoicedentalimplantcenter.com
Se Habla Español
Mention you saw us in Metro Newspaper

Waterproof picnic blankets are a key. *SewnNatural waterproof organic picnic blanket, $130-$180, Etsy.com*

Picnic ready home

Minted limited edition print by Cass Loh

Decorate

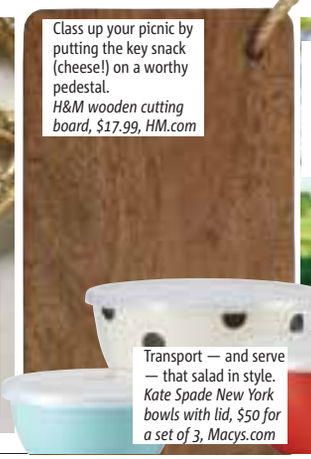
Love where you live

The essentials you need for your outdoor hang.

TINA CHADHA
@TinaatMetro
tina.chadha@metro.us

We're midway through summer — how did that happen?! If you haven't yet enjoyed a picnic, or three, clear your weekend schedule. Here are our picks for a day lounging under the sun.

There's nothing more annoying than being in the middle of a field or rooftop and realizing you forgot the bottle opener. *Anthropology Gilded Pretzel bottle opener, $10, Anthropologie.com*



Class up your picnic by putting the key snack (cheese!) on a worthy pedestal. *H&M wooden cutting board, $17.99, HM.com*

Transport — and serve — that salad in style. *Kate Spade New York bowls with lid, $50 for a set of 3, Macys.com*

Pretty drinks for those Instagram close-ups. *Sky Valley Foods Organic Sparkling Soda, $6.99, Whole Foods Market*

Start your gallery wall

Trendy Brooklyn-based homeware chain West Elm has plucked from a pool of works by independent designers for its new line of framed wall prints, reaffirming that there is a community-minded sensibility behind all those woven baskets, brass light fixtures and pricey reclaimed wood coffee tables.

From delicate watercolor prints to striking black and white photography, each piece feels special, with a distinct point of view, like something you might find at a neighborhood flea market.

For the collection, the retailer partnered with Minted, the San Francisco-based design marketplace for independent artists, on an "art challenge" in which designers of all skill levels could submit their work.

Now you can shop from the 100 winning pieces for your own home by browsing online or in West Elm stores, with commissions going straight to the artists.

Plus, for those who just can't get enough: 400 more entries from the contest are available on Minted, too.

RACHEL KASHDAN

CITI HABITATS

Sales + Rentals. Knowledge + Guidance.

665 BROADWAY, SUITE 500, NEW YORK, NY 10012

NEW YORK. WE CAN GET YOU THERE

Marie Colwell
Licensed Real Estate Salesperson
665 Broadway, New York, New York 10012
O: 212.937.8500 | M: 646.745.5777 | F: 212.937.8501
mcolwell@CITIHABITATS.COM

Ron Spurga
Licensed Real Estate Salesperson
665 Broadway, New York, New York 10012
O: 212.937.8500 | M: 347.406.1389 | F: 212.937 .8501
rspurga@CITIHABITATS.COM

Met Council is accepting applications for the waiting list of affordable housing rental apartments in our building located at
351 East 61st Street, NY.

For one person households, applicants must be 62 years old at the time of application; for two person households, both applicants must be 62 at the time of application.

Current Rent Range studio: $956 - $1168
Income Range: $39,842 - $48,350 (1 person household)

Current Range 1 bedroom: $1044 - $1254
Income Range: $43,401 - $48,350 (1 person household)
$43,401 - $55,250 (2 person household)

Current Range 2 bedroom: $1289 - $1339
Income Range: $53,234 - $55,250 (2 person household)

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from: www.metcouncil.org/housing or requested by mail from Met Council: 334 East 92nd Street Residence 120 Broadway, 7th floor New York, NY 10271

Please include a self-addressed envelope. No broker or application fee.

EXTERMINATOR

ONE HOUR PEST CONTROL

STOP LIVING WITH BED BUGS

$199 SPECIAL for One Bedroom Apts

CALL 212.289.0400 • 917.662.0017

Met Council is accepting applications for the waiting list of affordable housing rental apartments in our building located at
171 Lexington Avenue, NY.

For one person households, applicants must be 62 years old at the time of application; for two person households, the applicant must be 62 and the co-applicant 55 at the time of application.

Current Rent Range studio: $829 - $1168
Income Range: $34,766 - $48,350 (1 person household)

Current Range 1 bedroom: $1009 - $1254
Income Range: $42,009 - $48,350 (1 person household)
$42,009 - $55,250 (2 person household)

Current Range 2 bedroom: $1186 - $1339
Income Range: $49,123 - $55,250 (2 person household)

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from: www.metcouncil.org/housing or requested by mail from Met Council: Lexington Avenue Residence 120 Broadway, 7th floor New York, NY 10271

Please include a self-addressed envelope. No broker or application fee.

Despite strong demand for condos, the pipeline in the borough is pumping out more rentals.

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL

Rentals grow in *Brooklyn*

550 Vanderbilt is a 278-unit development near Barclays Center. ALL PHOTOS PROVIDED

Condo buyers in Brooklyn are in for a rude awakening for the next few years.

While there are plenty of new development rentals to choose from, the pipeline of for-sale units in the already inventory-starved borough is paltry.

This month, we looked at all of the condominiums slated for Brooklyn and found that the trickle of projects in the works will not be enough to meet the demand.

"There's not enough on the market right now, and there's not going to be, even in a year," said Ofer Cohen, founder and president of Brooklyn commercial brokerage TerraCRG, who regularly works with residential developers looking for sites to build on.

"It's going to take a long time for condo inventory to get into this pipeline, and for the foreseeable future, there's not going to be enough of it."

The landscape is already frustrating for buyers, said Ralph Modica, a Douglas Elliman broker based in Williamsburg. "It's definitely like a desert with no cactus. It's really sparse."

The lucky few

The dearth of condos leaves a select few projects in a sweet spot with a very captive audience.

That, not surprisingly, is quickening absorption rates and driving up prices. Indeed, the median price of a Brooklyn home shot up 25 percent in just one year to $550,000, according to the Corcoran Group's first-quarter market report.

Cohen predicted that condo pricing would "not level off anytime soon."

One of the biggest in the borough's pipeline is 550 Vanderbilt, a 278-unit condo building that's part of Greenland Forest City Partners' megaproject near Barclays Center. Formerly known as Atlantic Yards, the development was rechristened Pacific Park late last year.

Prices at the project will range from $550,000 for the least expensive studios to $5.5 million for some of the maisonette and penthouse units. Sales launched in mid-June, and the building should be ready for move-ins by the end of 2016.

Other major condo buildings include Xin Development's 216-unit Oosten in Williamsburg, where prices start around $710,000 and soar up to $6.5 million. Units at the Oosten — like those at several other Brooklyn condo buildings where construction is not yet complete — are selling fast. StreetEasy data shows that at least 132 units are already sold or in contract since sales launched in September.

Meanwhile, at the Boerum, a 128-unit condo building, developer Flank launched sales in December and was 50 percent sold by March.

The big switch

Market watch

Priciest

$58.5M
157 W. 57th St. # 83

The most expensive property to come onto the market this week is a four-bedroom five-and-a-half-bath condo unit in Midtown's One57 building. The unit offers expansive 360-degree views of New York City. The building offers amenities such as a doorman, concierge, gym, cold storage and a swimming pool.

Cheapest

$279K
415 W. 46th St. #5D

The least expensive property to come onto the market this week is a co-op studio apartment in Midtown, marketed by Douglas Elliman. The studio features hardwood floors, a windowed kitchen and bath and oversized south-facing windows. There is laundry in the building.

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.
StreetEasy

The numbers

TRD combed through Department of Buildings records and found 23,700 Brooklyn residential units in the pipeline across 137 projects. Of those, only 1,900 (or about 8 percent) are expected to be condos. Plans are unclear for 4,200 of the units, while rentals account for the bulk: 17,600.

Industry players in Brooklyn are buzzing about developers switching their projects from rental to condo.

"We are talking to a number of developers right now who were thinking about rentals but are now thinking about switching to condo, but nothing's firmed up yet," said Stephen Kliegerman, president of Halstead Property Development Marketing.

Greystone Property Development Corp. is one developer, however, who has reversed course. At WaterBridge 47, a 25-unit project in Vinegar Hill, Greystone was planning rentals but decided to go condo instead, according to a representative.

Sales launched in December, with apartments priced from $850,000 to $2.2 million. According to StreetEasy, 14 of the units are currently in contract.

Where to go?

Though it's clear that there is no shortage of demand, it's difficult to build large-scale condo buildings in the most desirable, prime Brooklyn neighborhoods.

That's because they may be less likely to qualify for zoning variances, and many of the most expensive areas have density limitations.

Alloy's Jared Della Valle, whose 1 John project is in Dumbo, said there are just not a lot of big condo projects of, say, "300,000 square feet." "We just don't see those sorts of condo projects in Brooklyn," he said.

David Ruff, the developer of 210 Pacific St. in Cobble Hill, echoed that point. "The limited-height district creates a happy neighborhood feel, but it will also drive a demand-supply offset," he noted.

Cohen sees Park Slope as ripe for development, because it's an area that hasn't seen any major condo projects recently.

"There's a real need in Park Slope for for-sale housing options. It's an area that's been attracting a lot of families, and there's not enough of it," he said.

He also cited Crown Heights, Bedford-Stuyvesant, Clinton Hill, and "to some extent, Bushwick and Prospect-Lefferts Gardens" as possibilities for the next condo boom areas, given that units in those locations can still be priced between $400,000 and $700,000 — attractive prices for a first-time homebuyer. TESS HOFMANN

PARKCHESTER
SPACIOUS LIVING • AFFORDABLE RENT

ELEGANT NEW KITCHENS • GRANITE COUNTERTOPS
NEW APPLIANCES • STAINLESS STEEL FINISHES
1 & 2 BR RENTAL APARTMENTS START AT $1185 PER MONTH
MACY'S, MARSHALLS, STARBUCKS, APPLEBEE'S, SUPERMARKETS,
blink FITNESS and MUCH MORE ALL ON-SITE • 24 HR ROVING SECURITY
30 MIN TO MIDTOWN • NO BROKER FEE • EARLY & FUTURE OCCUPANCY
Open House: Tues & Thurs 5:00-7:45pm and Sat 9:00am-12:45pm
917-634-5295
or apply online at www.parkchesternyc.com

LAKE FRONT PROPERTY

- Exquisite lake front property in the **Orlando, FL** area, on a prime lot in a gated community with security guards
- Sales Price **$625,000** • Home built in 2013
- Home is **3,698 sqft** • Lot size: **9,757 sqft**
- 5 bedroom home with plenty of lake front views.
- 2 masterbedrooms with 2 master baths • Walk in closets
- Dinning room, Living Room, Family Room
- 4.5 baths total • 3 car garage
- Gourmet Kitchen offers stainless steel appliances, double ovens, 42" cherry cabinets

- Direct access to a huge lake, endless fishing. Known for its bass fishing. A fisherman's Dream!
- Private boat dock can be built.
- Community Amenities include 2 club houses with fitness centers, multiple pools, water parks, trails, tennis and basketball courts.

Contact Number: (443) 875-9240

NOTICE TO THE PUBLIC
AFFORDABLE HOME PROGRAM
START WITH AS LITTLE AS $1,000
Home Buyers Program
GOOD CREDIT, BAD CREDIT, NO CREDIT
ALL CASES PROCESSED
CALL NOW FOR FREE REGISTRATION MANY HOMES ARE FULLY RENOVATED
BROOKLYN, QUEENS, BRONX,
3.5% TOTAL DOWNPAYMENT NEEDED
Affordable Home Program LLC
NYS. Licensed Real Estate Brokers
117-18 Queens Blvd Suite 202,
Forest Hills, NY 11375
1866-988-HOME (4663)

3

NFL

Revis mulled retiring

Jets cornerback Darrelle Revis thought about calling it quits after his knee injury in 2012. "I did think about retiring," Revis told Sports Illustrated. "I had never been seriously injured before, and I didn't know how to handle it." Revis also told SI that he isn't bothered with his mother having been turned away by Patriots owner Robert Kraft at the team's Super Bowl ring ceremony. "If that's how they want to do things, that's fine. ... I'm not going to waste my time on it."

Talent is there for Mets to take on trade market

MLB. The Mets painfully need a big bat in the middle of their lineup.

Jay Bruce's services should be available at the trade deadline. / GETTY IMAGES

With the MLB trade deadline drawing near, the Mets are running out of time to make a move that would put them over the top and into the playoffs for the first time since 2006.

You'd be hard-pressed to find anyone who watches or covers the Mets that doesn't believe that the Mets need to acquire some offense. The numbers are damning; the Mets rank 29th in baseball in runs scored, just a handful of runs ahead of the anemic White Sox. And the Mets rank absolutely last in baseball in batting average at .234.

There are plenty of names that have popped up in the rumor mill for the past few weeks; the Mets have allegedly expressed interest in Jean Segura, Aramis Ramirez and Carlos Gomez of the Brewers, as well as Oakland's Ben Zobrist, the Reds' Jay Bruce and the Padres' Justin Upton. Because of the bevy of solid players that the Mets have available to them, GM Sandy Alderson's tentativeness to strike a deal this month has bewildered many.

There are a few complicating factors, however, the biggest one of all being the health (or lack thereof) of David Wright. Ramirez, since he has already announced that he plans to retire after this season, would be a good rental player for the Mets to pick up. But if Wright were to return, Ramirez would be relegated to the bench, since both of them can only play third base.

Then there is the continuing saga of Michael Cuddyer. For weeks there has been speculation on whether or not he'll have to go on the DL with a lingering knee issue. He's missed several games already and has been alternating starts with pinch-hit appearances since the All-Star break ended. Cuddyer has told reporters that his knee swells up so much that he can't run bases at the end of the game. This worrisome issue has forced the Mets to use retreads like John Mayberry and Kirk Nieuwenhuis with regularity in the outfield, and that is unacceptable (and unrealistic) for a team that has postseason aspirations. Many have suggested that top prospect Michael Conforto be called up to give this offense a shot in the arm, but it's unrealistic to assume that a player in Double-A will turn the Mets around.

Upton could be offered as a rental to replace Cuddyer since he will be a free agent after this season. Bruce is being dangled by the Reds as they realize their season is lost, and he's hitting .340 with three homers in the month of July. Then there is the five-tool Gomez, whom the Brewers might part with for the right price.

ROBERT CRISCOLA
@ItsGood2BeKing
sports@metro.us

NBA

J.R. SMITH
GETTY IMAGES

Phil says he almost made J.R. cry

Knicks President Phil Jackson spoke in-depth with ESPN about the trade that sent J.R. Smith and Iman Shumpert to Cleveland last season, saying that he nearly made Smith cry in a face-to-face meeting prior to the trade.

"J.R. had been exhibiting some delinquent behavior and had gotten into the habit of coming late to team meetings or missing them altogether," Jackson said. "Also, Shump and Tim [Hardaway Jr.] were regressing, so I decided to meet with them separately to find out what, if anything, was bothering them.

"[Smith] was supposed to carry the scoring load for the second unit, and he wasn't doing the job. I also said that because of his unacceptable behavior, he had two strikes against him with this team. He didn't really respond. He's a very sensitive guy, with his big doe eyes. He looked like he was going to tear up. But he finally responded that he was going through some issues with his gal."

MATT BURKE

metro CLASSIFIED DIRECTORY
To advertise please contact 866-900-9473 or Newyorkclassifieds@metro.us

MEDICAL RESEARCH
To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

BACK PAIN MASSAGE
overweight stress anxiety back neck joint pain fatigue pinched nerve poor circulation sciatica migraine foot pain hair loss acne
MD supervised acupuncture physical therapy
Accept 1199 aetna cigna oxford unitedhealthcare bluecross blueshield metroplus affinity healthplus medicare and more
www.MedicalHolistics.com
115W 30 St. #500B(6Ave) 212-764-3924
723 7 Ave #703 (48 St) 212-470-0360
Jamaica Queens 718-687-2474

NYU Langone MEDICAL CENTER
Have you been diagnosed with Schizophrenia and feel like your current treatment is not enough?
A Therapeutic Research Study May Be Able to Help!
We are looking for volunteers who are currently stable on their psychiatric treatment, between the ages of 18-68, interested in participating in a weekly therapy research study.
What We Offer:
• A 12-Week Cognitive Behavioral Therapy Treatment
• An Opportunity to Receive up to $400.00 in compensation
Please Call the Referral Line at:
646-754-4803

Sleep Study
Research Volunteers
We are looking for volunteers (60-80 years old) for a study of the effects of spending 1 hour less in bed or following a fixed bedtime and wake time schedule at home.
• Volunteers will be asked to fill out questionnaires and have physical exams, including blood draws.
• Volunteers will receive compensation for completing the study.
For more information, please call: 646-501-2679
NYU School of Medicine

HEALTHY VOLUNTEERS NEEDED

Persons depicted are models being used for illustration purposes only

- Most trials conducted at Biotrial offer free study-related medical exams and study medication.
- You may qualify to receive financial compensation for participation

ARE YOU AT LEAST 18 YEARS OLD?

NEED MORE INFO?
Call recruitment at
201-273-2055 or 973-972-6385

NO TIME TO TALK?
Email
recruitment@biotrial.com

Join our database and contribute to Medical Research with Biotrial!

Healthy volunteers provide researchers with important information for comparison with people who have specific illnesses. People with no known significant health problems are often given the same tests, procedures, or study drugs as patient volunteers so that researchers can compare results and make new discoveries.

- *Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.*
- *Our Clinical Unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn station.*

BIOTRIAL

Bankruptcy Attorney

Considering filing bankruptcy and looking for a bankruptcy attorney who cares? Then call

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Bankruptcy Only, Chapter 7 Specialist, Low Fee, One Set Fee, Installments, Personalized Attention, Free Consultation

Bankruptcy with a personal touch

LEGAL SERVICES

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

SPA & MASSAGE

To advertise with Metro, email peter.blankenstein@metro.us

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

metro CLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751
or email peter.blankenstein@metro.us

Are you HIV+ and on treatment?

Researchers at the Rockefeller University are looking for volunteers to come to Rockefeller's campus to donate blood, which will be used to evaluate HIV levels and types of HIV in volunteers that are on or off HIV treatment

Compensation is provided

You may be eligible if you:
•Are HIV+
•Are between the ages of 18-65
•Do not have Hepatitis B or C

Participation involves:
•Blood samples

To learn more, contact our Recruitment Specialist at 1-800-RUCARES or email us at rucares@rockefeller.edu

THANK YOU

You just proved that people read ads in...

metro®

GET YOUR BUSINESS IN METRO!
212-457-7735 or advertising@metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any error or omission in any ad.

CAREER TRAINING

Career Training

HHA/CNA Training NYSED
Slow learner? Long time out of school? Placement Assistance. Job Placement Assistance
$14.00/per hr
Call #718.349.8003

Career Training

Access Careers, Brooklyn
Are You HHA? Upgrade to CNA/PCT!!!

* Medical Assistant
* Nurse Aide (CNA)
* EKG & Phlebotomy
* Patient Care Tech
* Physical Therapy Aide
* Pharmacy Tech
* Cosmetology.....New Program
* Esthetics.....New Program

Call Now: 866-487-5432
www.AccessCareers.Edu
25 Elm Place,# 201, Brooklyn, NY 11201

* Licensed by NYSED
* Onsite State & National Examination
* Short, Fast Track Morning, Evening & Weekend Classes
* Easy weekly Payment Plans

Career Training

Mandl School
The College of Allied Health

Earn your Associates Degree not just a certificate

- Medical Assistant
- Surgical Technologist
- Respiratory Therapist
- Health & Human Services
  Alcohol & Substance Abuse Counselor
- Healthcare Administration
  Medical Coders & Billers
- Dental Assistant
  (certificate)

CALL TODAY!
Financial Aid Available*
Day/Eve/Weekend Courses
Transfer Credits Accepted
Convenient Midtown Location
VITAL CAREERS START HERE!
Call Today: 855-626-3504
254 West 54th Street | www.mandl.edu
For disclosure Information visit:
http://mandl.edu/gainful-employment/
*Financial Aid available if qualified. Earn college credits

Career Training

JOBS
We Train & Place!
New Media Production (Audio & Video)
PCT• HHA• Medical Asst EKG/PHLE/Pharm Tech
CNA FREE Training if eligible
Free Training US Vets - Solar Tech etc
Call: 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

BUSINESS OPPORTUNITIES

http://www.flytecourier.com
Sell your extra luggage space & earn money. Ship items cheaper & hassle-free.

Tired of Making Other People RICH?
Flip Houses ($10K/mo)
No exp nec. #(803)574-2450

Career Training

FAST PACED JOB OPPORTUNITY

We are seeking licensed massage therapists, cosmetologists and nail technicians. No need for clientele...customers provided by us!

We are looking for qualified, passionate and detail oriented individuals for our JFK and LGA locations

XpresSpa offers a competitive commission and full benefit package which includes medical, dental, vision and 401K

Contact us now!
Email resumes to comework@xpresspa.com
Or call 1-646-503-2966

Must be authorized to work in US

PSYCHICS

AFRICAN ADVISOR & SPIRITUALIST
MR SHEIKH SALEEM, 6TH GENERATION OF AFRICAN MEDIUM, CAN HELP YOU OUT OF DESPAIR, SEVEN DAY RESULTS

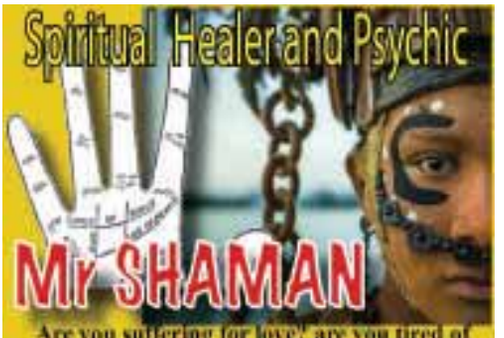
Love specialist, Reunite lovers even hopeless cases, Business success, Release from spell, Clear Negativity, Strong Voodoo, Black Magic, Court issues, Family problems, Drugs, Careers, Exams, Gambling, Luck, Protection, Impotency/Infertility & more.
917-254-6647
116TH/7TH AVE
WWW.AFRICANMEDIUM.COM

ASTROLOGER PSYCHIC & SPIRITUAL HEALER
PANDIT: GOVINDA SWAMY

EVERY PROBLEM HAS A SOLUTION
PANDIT IS AN EXPERT IN REMOVING BLACK MAGIC, SPELL, EVIL SPIRITS, JAADOO, VOODOO, OBEAH, CURSE, EVIL EYE POWER, BUTU, SICKNESS, FAMILY PROBLEMS, JOB, MONEY, COURT CASE, DEPRESSION, LOTTERY, BAD HABITS, CHILDREN PROBLEMS. EXPERT IN BRINGING LOVED ONES BACK.
FREE READING ON MONDAYS
100% RESULTS WITHIN 9 DAYS
718-530-8905
107-30, 121 Street, Richmond Hill NY 11419 (Private House)

PSYCHICS

Spiritual Healer and Psychic
Mr SHAMAN



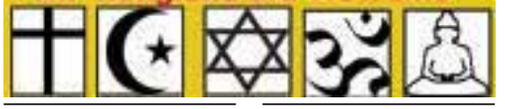
Are you suffering for love? are you tired of calling and never get a call back from that special person you love? is your love one ignoring you or neglecting you?

Guaranteed Results
CLIENT TESTIMONIALS:

1-i was getting crazy with a woman much younger than me but she didn't like me , i decided to see Mr . Shaman and than she came to me Thanks a lot God bless you.

2- i had a boyfriend much younger than me and he took all my money , he ruined my life but thank to Mr. Shaman i got over and i got my money back and i made him pay for what he did to me.

CALL NOW (347) 4745886
I HELP WITH
Luck and money problems clean black magic spells get protection from enemies Court and legal problems
REMOVE EVIL SPELLS
from homes, business or persons
All Religions are Welcome



INDIAN ASTROLOGER & HEALER

Pandit : KRISHNA
Specialist in Removing Black Magic, Generation Curses, Black hearts, Voodoo, Jadoo, Butu, Witchcraft, Obeya & Bad Luck. Provides Solutions for problems like Health, Depression, Work, Court, Jealousy, Kids, Job, Finance..etc., Results Guaranteed
(Btw. Jay St. & Lawrence St.)
Inside Tatau Hair Braiding
646-496-3107

Astrologer & Psychic
PANDIT: SURYA PRAKASH

PRIVATE & CONFIDENTIAL
FREE READING ON MONDAYS
Are you Disappointed Meeting other Astrologers & Not Getting Solutions ? Then Meet me once
Solutions & Advises
* Marriage Problem * Business
* Spiritual Problem * Money
* Sexual Problem * Family
* House Problem * Love
* Husband-Wife * Enemy
* Loved ones * Jealousy
Removal of Black Magic, Obeya,Vodoo Evil spirits forever, Have a Peaceful Life
973-960-8765
103-02 Lefferts Blvd South Richmond Hill NY 11419 (Inside Private House)

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

metro CLASSIFIED DIRECTORY

To advertise please contact 866-900-9473 or Newyorkclassifieds@metro.us

Psychics

PROFESSOR SHEIKH IBRAHIM
SPIRITUAL HEALER AND CLAIRVOYANT
SPECIALIZE IN RELATIONSHIP, MARRIAGE & LOVE, BREAK BLACK MAGIC, BAD LUCK, BUSINESS, JOB, EXAMS, DIVORCE, COURT CASES, IMMIGRATION, ETC
SEEK HELP FROM MR. IBRAHIM
Results between 3/7 days!
www.psychicoumar.com
CALL NOW
212.316.0567 OR 646.239.4298

JOBS

General Help Wanted

TELMKTRS F/T EXP ONLY!
MADE YOU LOOK!!!
Now All You Have To Do is Call. Salary + Comm. + Bonus = $8.-$12/Hr.
David (212) 563-7500

Atmack® Real Estate Sales People Wanted Lic & Unlic., $HIGH% We pay 4 your Classes: 855-286-2251 Ext.100

F/T EXP. Electricians needed ASAP. Great salary + ben. Call 718.437.6937 x101 or hr1@horsepowernyc.com

Entry Level Openings, Start ASAP
We value Skill Set Above Experience
WE WILL TRAIN YOU
Hourly Pay
Health Benefits
Bonus Opportunities
Student Bonus Opportunities
Call 718-210-3639 to set up an Interview

Notice of Formation of Majestic Prompting LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 07/16/2015 Office location: Kings County SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: the LLC c/o 654 Dahill Rd., Apt. 2A, Brooklyn, NY 11218 Purpose: teleprompting Services.

General Help Wanted

The Volunteer Referral Center
Ready to Volunteer?
Lets Go!
VRC has helped New Yorkers find great volunteer opportunities for 25 years!
Expert Placement • Personal Service • Free Service
Call for an interview or sign up online:
212-889-4805
www.volunteer-referral.org
VRC
161 Madison Avenue, Suite 5SW (between 32nd and 33rd) 5th Floor, New York, NY 10016

SIGHTSEEING BUS TICKET AGENTS
Start today! Paid daily
Choose Hours up to 30% comm
2 East 42nd Street
212-664-0300

Education

HIGH SCHOOL DIPLOMA
If you're 18 or older you can complete your high school education at home right now in as few as 2 months
212-967-7010
469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)
Liberty H.S. Brattleboro, Vt.

REAL ESTATE

Real Estate for Sale

Charlotte, N.C.
3+ secluded acres, build here, Walking trails, Babbling creek, 31,900 owner fin.
704-634-5531

Rooms for Rent

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $125/wk.
Call Us Now: (212)368-2685

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week • Call 212-862-0030

metro CLASSIFIEDS
To place an ad call 866-900-9473

General Help Wanted

Experienced Bus Drivers needed to operate Double Decker Buses in Manhattan with class A or B driver's license. Benefits. Paid training.
Call Jennifer at
212 664 0300 or visit
2 East 42 ST, NY NY 10017.

Rooms for Rent

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-697-3598

ITEMS FOR SALE

KILL BED BUGS
BUY HARRIS BED BUG KILLERS/KIT
Complete Treatment System!
Available at The Home Depot

ITEMS WANTED

CASH FOR DIABETES TEST STRIPS -
Up to $35/box! Payment Made SAME-DAY We Receive Your Strips! Call Jenni for a Quote Today! 800-413-3479
www.CashForYourTestStrips.com.

SERVICES

REDUCE YOUR CABLE BILL!
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW
877-356-0526

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

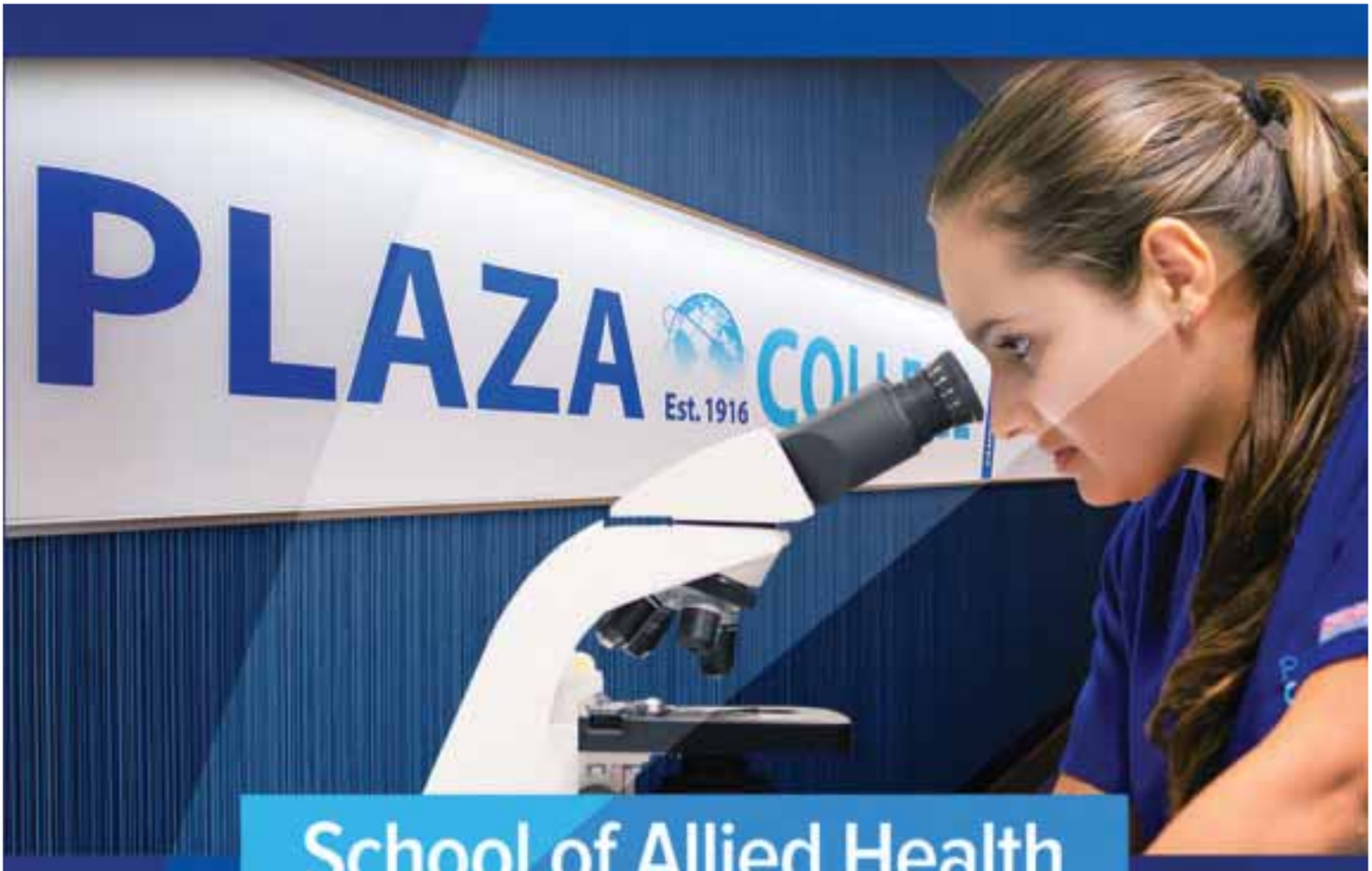
ENTERTAINMENT

Try It FREE!!!
New York's Hottest
Chat Line
Meet Real Local Singles in Your Area
646-507-5155
Gay/Bi Curious Chat!
646-507-5151
Reg. LD rates apply 18+

America's Premier Psychics
Live Psychic Reading
877-998-FATE (3283)
Entertainment only 18+

Erotic Zone!!!
Meet Sexy Singles in Your area!
100's of Singles on line now!
CALL NOW!
800-838-2561
HOT LIVE SEXY GIRL'S
800-963-4536
18+

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.



School of Allied Health

It's not too late to register for the Fall semester!

PLAZA COLLEGE

Est. 1916

Where students learn from course work, internships and more

GRADUATING WORKFORCE READY

718.509.6395 | PlazaCollege.edu

118-33 Queens Boulevard, Forest Hills